



IBS Hospital

Premier Neurosciences Institute

Anjali Manchanda

Consultant Psychologist, IBS Hospital, New Delhi



Anjali Manchanda specializes in Cognitive Behavioural Therapy (CBT) and has over three years of experience. She excels in relationship and adolescent counseling, life coaching, and crisis intervention, creating individualized treatment plans to effectively address mental, emotional, and behavioral challenges.

COGNITIVE BEHAVIOURAL THERAPY

RELATIONSHIP COUNSELLING

CHILD AND ADOLESCENT COUNSELLING

LIFE COACHING

PSYCHOLOGICAL ASSESSMENTS

CRISIS INTERVENTION

IBS Hospital is a global destination for treatment of neurological disorders with experienced medical professionals and cutting-edge technology. We aim to provide multidisciplinary care for disorders of the brain and spine.

IBS Hospital accepts most insurance plans. Please contact us to confirm coverage.

Education

- Masters in Clinical Psychology
- Certificate in Advanced Therapeutic Communication
- Fully Accredited Diploma in Relationship Counselling
- Certificate in Managing ADHD, Autism, Learning Disabilities, and Concussion in Schools
- Certificate in Psychodiagnostics and Psychological Assessment
- Specialized Certificate Course in Psychological Counselling
- Certificate in Post-traumatic Stress Disorder (PTSD) in a Global Context
- Certificate in The Art and Science of Relationships: Understanding Human Needs

Work Experience

- Consultant Psychologist, IBS Hospital, New Delhi
- Internship, Athena Behavioural Health, Gurgaon
- Internship, Confidence Clinic, Gurgaon



Enquire (Call / WhatsApp)
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Emergency / Stroke Helpline
+91 9675 247 365